



Reading and District Probosc Club

"Telegraph"

September 2024

Web-site Address – www.probusclub-reading.org.uk

This month Fred McCrindle will talk to us about dementia.

LUNCH ARRANGEMENTS (Tuesday 10th September)

The cost of lunch will be **£24 per head**. Please assemble in the dining area at 12:30 in time for our Business Meeting on this day. Lunch will be served at 12:45. Please remember that you will be liable for a "no show" charge of £22 if you fail to advise the Secretary that you will not be attending by **09:00hrs. on Thursday 5th September** that you will **not** be attending.

UPCOMING SPEAKER ARRANGEMENTS

8 October 2024 Christine Lewendon "Those were the Days"

10 December 2024 (Ladies' Lunch)
Wendy Edwards "The Dogs Trust"

12 November 2024 Richard Havelock "Penicillin"

14 January 2025 Jacque Kavavangh "The BBC Archives"

4th TUESDAY CLUB" LUNCH (September 24th)

Come along and enjoy the company and chat at our next "4th Tuesday Club". We normally start to gather around 12 noon at Mapledurham Golf Club. Bring along a friend, your wife or someone else.

BIRTHDAYS THIS MONTH

September was a fallow month – no Birthdays recorded!

REGALIA & CLUB SALES

If any member wishes to purchase a tie or any other item, please contact Russell King.

Reading & District Probosc Club – Committee Members

President: Colin Hatcher **Vice President:** Peter Higginson **Immediate Past President:** Francis Brown
Secretary: David Laird **Treasurer:** Siraj Vora **Speaker Secretary:** Vacant
Almoner: Russell King **Regalia & Club Sales:** Russell King

THIS MONTH'S HUMOUR



SOME TRIVIA TITBITS

A cough releases an explosive charge of air that moves at speeds of up to 60 mph.

Mexico City, the oldest capital city in the Americas, is sinking at a rate of six to eight inches a year because it's built on top of an underground reservoir. Wells are drawing out more and more water for the city's growing population of more than 15 million people.

Britain's present royal family was originally named Saxe Coburg Gotha. The name was changed in 1917, during World War I, because of its German connotations. The name Windsor was suggested by one of the staff. At the same time their cousins, the Battenberg family, changed the name to Mountbatten.

From the 1500s to the 1700s, tobacco was prescribed by doctors to treat a variety of ailments including headaches, toothache, arthritis and bad breath.

The shortest war on record was fought between Zanzibar and the UK in 1896. Zanzibar surrendered after 38 minutes.

When Bugs Bunny first appeared in 1935, he was called Happy Rabbit.

People who laugh a lot are much healthier than those who don't. Dr Lee Berk at the Loma Linda School of Public Health in California found that laughing lowers levels of stress hormones, and strengthens the immune system. Six-year-olds laugh an average of 300 times a

day. Adults only laugh 15 to 100 times a day.

'Long in the tooth' meaning 'old' was originally used to describe horses. As horses age, their gums recede, giving the impression that their teeth are growing. The longer the teeth look, the older the horse. You can also tell the sex of a horse by its teeth. Most males have 40, females have 36.

Chocolate contains phenyl ethylamine (PEA), a natural substance that is reputed to stimulate the same reaction in the body as falling in love. Consumers spend more than \$7 billion a year on chocolate. Annual per capita consumption of chocolate in the US is 12 pounds per person. Chocolate not only does not promote tooth decay, it may prevent it. According to the American Dental Association, milk chocolate contains ingredients, such as calcium and phosphate, that might modify acid production in the mouth that leads to cavities. Some oils in chocolate might also prevent tooth decay. Chocolate does contain sugar, of course, but these are simple sugars that are less harmful than the complex sugars contained in other foods

Humans shed about 600,000 particles of skin every hour about 1.5 pounds a year. By 70 years of age, an average person will have lost 105 pounds of skin.

Damascus, Syria, was flourishing a couple of thousand years before Rome was founded in 753 BC, making it the oldest continuously inhabited city in existence.

A poll of 3,000 Americans found that for 41 %, the thing they're most afraid of is speaking before a group of people. 32% stated they were afraid of heights.

Until 1965, driving was done on the left-hand side on roads in Sweden. The conversion to the right-hand side was done on a weekday at 5pm. All traffic stopped as people switched sides. This time and day were chosen to prevent accidents where drivers would have gotten up in the morning and been too sleepy to realize this was the day of the changeover.

The oldest living thing in existence is not a giant redwood, but a bristlecone pine in the White Mountains of California, dated to be aged 4,600 years old.

The yo-yo was introduced in 1929 by Donald F Duncan. The toy was based on a weapon used by 16th-century Filipino hunters.

A 'jiffy' is an actual unit of time for one hundredth of a second.